

**Courses to Take for Newly Admitted FEd Students,
First Trimester AY 2026-2027**

(Based on the [FEd Course Offerings for the First Trimester AY2026-2027](#))

Program	Courses to be Taken by Newly Admitted Students	Units	Maximum Load
<u>Associate in Arts (AA)</u>	ENG 157 – English for the Professions	3	12 units (excluding PE & CWTS)
	ENG 12 – World Literatures	3	
	WIKA 1 – Wika, Kultura at Lipunan (Required GE)	3	
	Choose one (1) GE Elective from the following:	3	
	PHILARTS 1 - Philippine Arts and Culture		
	SAS 1 - Self and Society		
	COMM 10 - Critical Perspectives in Communication		
	SOC SCI 2 - Social, Political, and Economic Thought		
	ENG 11 - Literature and Society		
	PE Course	(2)	
	CWTS 1	(3)	

👉 Note: The prescribed load consists of 12 academic units and 5 non-academic units (PE and CWTS)

<u>Associate of Science in Instructional Design and Technology (ASIDT)</u>	IDT 101 – Foundations of Instructional Design and Technology	3	12 units (excluding PE & CWTS)
	IDT 102 – Psychology of Instructional Design & Technology	3	
	Choose one (1) Required GE Course	3	
	KAS 1 - Kasaysayan ng Pilipinas		
	WIKA 1 - Wika, Kultura at Lipunan		
	ETHICS 1- Ethics and Moral Reasoning in Everyday Life		
	ARTS 1 - Critical Perspectives in the Arts		

SCIENCE 11 - Living Systems:
Concepts and Dynamics
STS 1 - Science, Technology
and Society
STS 1 - Science, Technology
and Society

Choose one (1) Elective GE Course 3

SAS 1 - Self and Society
COMM 10 - Critical
Perspectives in
Communication
PHILARTS 1 - Philippine Arts
and Culture
SOC SCI 2 - Social, Political,
and Economic Thought
ENG 11 - Literature and
Society

PE Course (2)

CWTS 1 (3)

👉 Note: The prescribed load consists of 12 academic units and 5 non-academic units (PE and CWTS)

**Bachelor of Education
Studies (BES)**

EDS 103 – Theories of Learning 3

EDS 106 – Culture, Language, and Education 3

EDS 107 – Gender and Education 3

Choose one (1) Required GE Course 3

MATH 10 - Mathematics,
Culture and Society
STS 1 - Science, Technology
and Society
SCIENCE 11 - Living Systems:
Concepts and Dynamics
ARTS 1 - Critical Perspectives
in the Arts
WIKI 1 - Wika, Kultura at
Lipunan
KAS 1 - Kasaysayan ng
Pilipinas
ETHICS 1 - Ethics and Moral
Reasoning in Everyday Life

12 units
(excluding PE
& CWTS)

PE Course	(2)
CWTS 1	(3)

👉 Note: **The prescribed load consists of 12 academic units and 5 non-academic units (PE and CWTS)**

<u>Professional Teaching Certification (PTC)</u>	EDS 103 – Theories of Learning (Cluster 1)	3	6 units (Follow the prescribed PTC curriculum)
	EDS 110 – Education Professions (Cluster 3)	3	
	EDS 113 – Principles and Methods of Assessment (Cluster 4)	3	
	EDS 157 – Online Teaching and Learning (Cluster 5)	3	

👉 Note: **The prescribed load consists of 6 academic units**

<u>Graduate Certificate in Distance Education (GCDE)</u>	EDDE 201 – Foundations of Distance Education	3	6 units
	EDDE 221 – Design and Evaluation of Multimedia Educational Materials	3	

👉 Note: **The prescribed load consists of 6 academic units**

<u>Master of Distance Education (MDE)</u>	EDDE 201 – Foundations of Distance Education	3	6 units
	EDDE 221 – Design and Evaluation of Multimedia Educational Materials	3	

👉 Note: **The prescribed load consists of 6 academic units**

📌 Important Enrollment Reminders:

- To help you with your enrollment, please refer to the **Enrollment Procedures for Newly Admitted Students** at the following link:
<https://registrar.upou.edu.ph/enrollment-procedures-at-upou-a-guide-for-newly-admitted-and-continuing-students/>

- Newly admitted students are expected to enroll only in the prescribed regular academic load indicated in their Program Curriculum (Plan of Study). **Therefore, overloading is not permitted during the first term of enrollment.**
- AA, ASIDT, and BES** students should develop and follow their approved Plan of Study by consulting their program chair prior to enrollment.

AA Program Chair: aa-program-chair@upou.edu.ph

ASIDT Program Chair: asidt@upou.edu.ph

BES Program Chair: bes@upou.edu.ph

- AA, ASIDT and BES** newly admitted students are advised to enroll in a **maximum of 12 units** during their first term. If they will enroll below this load, they are required to apply for underloading which is lodged in the Student Portal.
- GCDE** and **MDE** newly admitted students may enroll in a **maximum of 6 units**.
- PE, CWTS, and NSTP** are excluded from the computation of the maximum academic load where applicable, but are required to be taken by undergraduate students.

Courses to Take for **Newly Admitted FEd Students**, First Semester AY 2026-2027

(Based on the [FEd Course Offerings for the First Semester AY2026-2027](#))

Program	Courses to Be Taken by Newly Admitted Students	Units	Maximum Regular Load / Notes
<u>Diploma in Mathematics Teaching (DMT)</u>	EDMT 205 – Geometry for Teachers	3	6 units
	EDMT 207 – Number Theory and Algebra for Teachers	3	

 **Note: The prescribed load consists of 6 academic units**

<u>Diploma in Science Teaching (DST)</u>	Core Courses		6 units Consult with the Program Chair: dst@upou.edu.ph
	EDSCI 201 – Foundations of Science Education	3	
	EDSCI 203 – Assessment in Science Education	3	
	Major Courses		

Biology Major: EDSCI 3
211 – Principles of
Biology

Chemistry Major: 3
EDSCI 221 –
Fundamental Concepts
of Chemistry I

Physics Major: EDSCI 3
231 – Fundamental
Physics I

👉 Note: **The prescribed load consists of 6 academic units**

<u>Diploma in Social Studies Education (DSSE)</u>	SSE 201 – Foundations of Social Studies	3	6 units Consult with the Program Chair: sse@upou.edu.ph
	SSE 202 – The Study of History and Geography	3	
	SSE 203 – The Study of Culture and Society	3	

👉 Note: **The prescribed load consists of 6 academic units**

<u>Master of Arts in Social Studies Education (MASSE)</u>	WD 201 – History and Perspectives of Gender and Development	3	3 units
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👉 Note: **The prescribed load consists of 3 academic units**

<u>Diploma in Language and Literacy Education (DLLE)</u>	LLE 201 – Language Acquisition Theories and Principles	3	6 units
	LLE 202 – Foundations of Reading and Literacy	3	

👉 Note: **The prescribed load consists of 6 academic units**

**Master of Arts in
Language and Literacy
Education (MALLE)**

LLE 290 – Research in Language and Literacy	3	6 units
CL 250 – Philippine Literature in English (Elective)	3	

 **Note:** The prescribed load consists of 6 academic units

**Doctor of Philosophy in
Education (PhD)**

Biology Education: EDSC 305 – Seminar: Issues and Trends in Science and Technology Education BIO 237 – Differentiation in Embryonic Systems	3 3	6 units
Chemistry Education: EDSC 305 – Seminar: Issues and Trends in Science and Technology Education EDSC 311 – Seminar on Curriculum Design and Instruction for Science Education	3 3	
Mathematics Education: EDSC 305 – Seminar: Issues and Trends in Science and Technology Education MATH 231 – Foundations of Mathematics	3 3	
Physics Education: EDSC 305 – Seminar: Issues and Trends in Science and Technology Education PHYS 204.5 – Foundations of Quantum Mechanics	3 3	

 **Note:** The prescribed load consists of 6 academic units

Important Enrollment Reminders:

- The **regular academic load for graduate and doctoral programs is 6 units per term.**
- Newly admitted students are expected to enroll **only in the prescribed courses** under their approved **Program Curriculum (Plan of Study)**.
- Students enrolled in the **DST** and **PhD in Education** programs should enroll only in the courses corresponding to their **specialization** (Biology, Chemistry, Physics, or Mathematics).
- Graduate students who enroll in fewer than 6 units are not required to apply for underloading.
- Students who are unsure of the courses they should take are encouraged to **consult their respective Program Chairs** before enrolling.