

Courses to Take for Newly Admitted FMDS Students, First Trimester AY 2026-2027

Associate of Arts in Digital Entrepreneurship (AADE)

- ENT 101 Foundations of Entrepreneurship (3 units)
- **Choose at least ONE (1) Elective GE course from the list below:**
 - SOC SCI 2 Social, Economic and Political Thought (3 units)
 - SAS 1 Self and Society (3 units)
- **Choose at least TWO (2) Required GE course from the list below:**
 - ETHICS 1 Ethics and Moral Reasoning in Everyday Life (3 units)
 - STS 1 Science, Technology and Society (3 units)
 - SCIENCE 11 Living Systems: Concepts and Dynamics (3 units)
- **Non-academic course(s)**
 - CWTS 1 Civic Welfare Training Service 1 (3 units)
 - PE 1 Foundations of Physical Fitness (2 units)

👉 **Note:** The prescribed load consists of **12 academic units** and **5 non-academic units** (PE and CWTS)

Courses to Take for Newly Admitted FMDS Students, First Semester AY 2026-2027

Graduate Certificate in ASEAN Studies (GCAS)

- ASEAN 201 ASEAN Studies I (3 units)
- **Choose at least ONE (1) Elective from the list below:**
 - ASEAN 223 Music in the ASEAN Community (3 units)
 - ASEAN 232 Health, Social Welfare and Education Issues in ASEAN (3 units)
 - ASEAN 281 Special Topics (Peace and Security in the ASEAN) (3 units)
 - DEVC 242 / ASEAN 231 Communications and Media in the ASEAN Context (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Diploma in International Health (DIH)

- BIOSTAT 201 Fundamentals of Biostatistics (3 units)
- IH 201 International Health and Development (3 units)
- IH 202 Global Disease Epidemiology and Control (3 units)

👉 **Note:** The prescribed load consists of **9 academic units**

Diploma in Land Use Planning (DLUP)

- P201 Fundamentals and Practice of Planning (3 units)
- P203 Land Use Planning (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Diploma in Land Valuation and Management (DLVM)

- LVM 201 Concepts and Processes of Land Valuation (3 units)
- LVM 202 Development Controls and Construction (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Diploma in Social Work (DSW)

- SW 202 Human Behavior and Social Change (3 units)
- SW 210 Social Administration and Development (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Diploma in Women and Development (DWD)

- WD 201 History and Perspective of Gender and Development (3 units)
- WD 210 Feminist Theories and Movements (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Diploma in Research and Development Management (DR&DM)

- R&DM 201 Concepts and Principles of R&D Management (3 units)
- R&DM 211 Support System for R&D (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of ASEAN Studies (MAS)

- ASEAN 201 ASEAN 201 (3 units)
- **Choose at least ONE (1) Elective from the list below:**
 - ASEAN 223 Music in the ASEAN Community (3 units)
 - ASEAN 232 Health, Social Welfare and Education Issues in ASEAN (3 units)

- ASEAN 281 Special Topics (Peace and Security in the ASEAN) (3 units)
- DEVC 242 / ASEAN 231 Communications and Media in the ASEAN Context (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of International Health (MIH)

- IH 204 Health Research Methods (3 units)
- IH 223 Human Resource Management in Health (3 units)
- IH 214 Health Promotion Leadership and Management (3 units)

👉 **Note:** The prescribed load consists of **9 academic units**

Master of Land Valuation & Management (MLVM)

- LVM 209 Land Investment (3 units)
- LVM 300 Thesis (6 units)

👉 **Note:** The prescribed load consists of **9 academic units**

Master of Social Work (MSW)

- SW 202 Human Behavior and Social Change (3 units)
- SW 210 Social Administration and Development (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Research and Development Management (MR&DM)

- R&DM 201 Concepts and Principles of R&DM Management (3 units)
- R&DM 211 Support System for R&D (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Arts in Nursing (MAN)

- N-204 Advanced Pathophysiology (3 units)
- N-207 Theoretical Foundations in Nursing (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Climate and Disaster Resilience (MCDR)

- CDR 201 Fundamentals of Resilience (3 units)
- CDR 202 Systems Thinking and Complexity Science for Climate and Disaster Resilience (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Environment and Natural Resources Management (MENRM) (Coastal Track)

- ENRM 221 Socio-Cultural Perspectives on the Environment (3 units)
- ENRM 223 Ecosystem Structure and Dynamics (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Environment and Natural Resources Management (MENRM) (Upland Track)

- ENRM 221 Socio-Cultural Perspectives on the Environment (3 units)
- ENRM 223 Ecosystem Structure and Dynamics (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Public Management (MPM) (LGRA Track)

- PM 201 Theory and Practice of Public Administration (3 units)
- PM 251 Local Government and Regional Administration (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Public Management (MPM) (PPPA Track)

- PM 201 Theory and Practice of Public Administration (3 units)
- PM 241 Public Policy and Program Administration (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Master of Public Management (MPM) (VSM Track)

- PM 201 Theory and Practice of Public Administration (3 units)
- PM 281 Voluntary Sector Management and Development of Civil Society (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

Doctor in Sustainability (DSus)

- SUS 301 Worldviews of Sustainability (3 units)
- SUS 302 Complex Sustainable Systems (3 units)

👉 **Note:** The prescribed load consists of **6 academic units**

📌 Important Enrollment Reminder:

- To help you with your enrollment, please refer to the **Enrollment Procedures for Newly Admitted Students** at the following link:
<https://registrar.upou.edu.ph/enrollment-procedures-at-upou-a-guide-for-newly-admitted-and-continuing-students/>
- Newly admitted students are expected to enroll only in the prescribed regular academic load indicated in their Program Curriculum (Plan of Study). Therefore, overloading is **NOT PERMITTED** during the first term of enrollment.